

End Semester/Reappear (Semester V) Examination December, 2024

Programme: BPT
Course: Nutrition for Health
Course Code: 23ADE04
Enrolment no. _____

Full Marks: 70
Time: 3 Hrs.

Q.N o.	Questions	CO	Bloom Taxonomy Category	Marks
Section I				
1	Short Answer type questions.			4 x 5 = 20
a	List the fast soluble vitamins.	CO1	Remember	
	or			
b	State nutrition and classify the types of nutrition.	CO1	Remember	
	or			
c	Enumerate the names of essential amino acid.	CO2	Remember	
	or			
d	Explain briefly about micronutrients and macronutrients	CO2	Understand	
	or			
	Highlight the function of milk.	CO2	Remember	
	or			
	Shield light on cereals foods.	CO2	Remember	
	or			
Section II				
Long Answer type questions.				
2	Enumerate the function of mineral Potassium in our body and how it will affect our body if potassium level increase and decrease in our body?	CO1	Apply	3 x 10 = 30
	or			
3	Explain with the help of chart vitamin B complex names, dietary source, functions and disease associated with it.	CO1	Understand	
	or			
4	Explain balance diet. Its importance and factors affecting the planning of balance diet?	CO3	Understand	
	or			
5	Mention the factors that affects the planning of meal. And give details picture of any two factors	CO3	Apply	
	or			
Section III				
Application based questions				
5	Analyze the need for energy and similarly its importance with sedentary, moderate and heavy activities in individuals?	CO1	Analyze	1 x 20 = 20
	or			
	Analyze the sources and daily requirements of fat and protein and also analyze the effects of deficiency of fats or excess of fats on human health.	CO1	Analyze	

COURSE OUTCOME

At the end of the course, the candidate will-

CO1: able to describe basic food items and nutrients

CO2: able to describe food and their preparation.

CO3: Student will acquire knowledge about meal, balance diet and nutritional status